

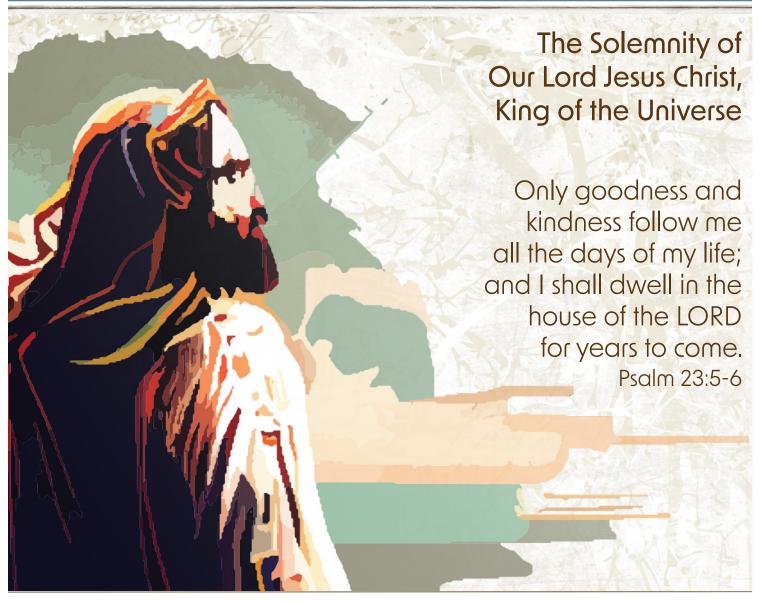
Immaculate Conception

A Full Stewardship Parish ~ Partner Parish of Sacred Heart of Jesus, Dupo, IL 411 Palmer Road, Columbia, IL 62236 | 618-281-5105 | Fax 281-6848

November 26, 2023

Our Lord Jesus Christ, King of the Universe

www.icc-columbia-il.us



ROOTED IN THE GOSPEL OF CHRIST AND IN THE TRADITION OF CATHOLICISM AND UNDER THE PATRONAGE OF MARY IMMACULATE, WE COMMIT OURSELVES TO BE A WELCOMING COMMUNITY OF FAITH,

WORSHIPPING WITH GENERATIONS OF BELIEVERS AND SERVING GOD IN ALL PEOPLE.

Welcome New Parishioners

If you are new to our parish and reside within the parish boundaries, and would like to be members, please call the Parish Office at 618-281-5105, and our secretary will be happy to help make that happen!

Hola, Bienvenidos – a la iglesia Catolica en Immaculata Concepcion. ¡Que tengas una bendita semana!

We livestream! To participate, please use this link: https://www.youtube.com/c/ImmaculateConceptionCatholicChurchColumbiaIL

Parish Office Hours

Monday-Friday, 8:00 a.m.-4:00 p.m.

Phone: 618-281-5105

Parish Staff

Pastor, Fr. Steve Thoma, C.R. ext. 358 or 805-670-3541 frsteve@iccmail.org

Associate Pastor, Fr. Eric Wagner, C.R. 773-269-0227 ericwagnercr1@gmail.com

Business Manager, Kara Dell-Hunt ext. 350, kdell-hunt@iccmail.org

Director of Music, Karen Lundy 618-719-1815 karenslundy@gmail.com

Director of Faith Formation, Lizanne Young ext. 354, lyoung@iccmail.org

IC-PSR Coordinator, Rebecca Husman ext. 353, rhusman@iccmail.org

Bookkeeper, Sheryl Oglesby ext. 351, soglesby@iccmail.org

Secretary, Michelle Muckensturm ext. 300, iccmail@iccmail.org

Spiritual and Mental Health Advocate, Shea Christensen ext. 352, schristensen@icsmail.org

ICS Principal, Dave Gregson 281-5353, ext. 202 dgregson@icsmail.org

Pastoral Council Chair, Bill Simmons wsimmons85@yahoo.com

School Board President, Kyle Doerr boardpresident@icsmail.org

Sacramental Information

Baptisms: Parents/guardians are asked to attend a Preparation Seminar scheduled on the second Sunday of the month after 9:00 a.m. Mass (approximately 10:00 a.m.) in the lower-level library. We celebrate Baptisms on the first Sunday of the month during any Mass, and the third Sunday of the month after the 11:00 a.m. Mass. (No Baptisms are scheduled during Lent.) Please call the office to schedule at 281-5105.

Weddings: The parish is happy to celebrate the Sacrament of Holy Matrimony with adults who are currently registered members of Immaculate Conception Church (bride or groom). If you are one of many who would like to "come home" to celebrate the Sacrament with family and friends, please provide the name of the parish where you are now a member, along with contact information. We ask that you contact the IC Parish Office a minimum of four months prior to Marriage, but in most cases couples will need to allow time for Pre-Cana formation, and we suggest beginning to plan your Sacrament 12 or 18 months prior to Marriage.

Anointing of the Sick & Funerals: Since individual needs differ, please contact the Parish Office at 281-5105 for pastoral care. Do not hesitate to call; we are grateful for the opportunity to open our hearts to you and your family and offer these sacramental services.

RCIA (Rite of Christian Initiation of Adults): The RCIA is for everyone who has been drawn by God to form a deeper relationship. Wherever you are in your faith practice – baptized in another Christian faith, starting from the beginning, or simply enriching your Catholic practice – consider the RCIA. Get to know God better and find out what it means to be Catholic. We meet in the Parish Office on Sundays (September-Easter), starting with "Breaking Open the Word" dismissal from 9:00 a.m. Mass, and catechetical sessions from 10:00-11:30 a.m. Contact Lizanne Young at the Parish Office at 281-5105, ext. 354, or email lyoung@iccmail.org.

Reconciliation: Reconciliation is offered from 4:00-4:30 p.m. on Saturdays and by appointment.

IMPORTANT VOLUNTEER INFO!

Anyone who wishes to volunteer at school or church when there are children present MUST be compliant with the Diocesan Child Protection Policy. Please be proactive! *EVERYONE must have an IL state background check, as well as doing the online refresher and filling out CANTS forms. *Coaches and employees will need to be fingerprinted in addition to the usual Child Protection paperwork. Contact Kara at the Parish Office if you have questions. *The initial course is now available online. Please contact Kara at the Parish Office for directions. Not sure if you are compliant? Contact Kara at the Parish Office. *The refresher course for 2023-2024 IS AVAILABLE ONLINE! Follow the link on our website! If you can't find it there, it is also on the Diocesan website at http://diobelle.org/b.aspx. Questions? Contact Kara at the Parish Office at 281-5105. *Sexual Abuse Hotline: Anyone wishing to report an allegation of sexual misconduct by a Priest or other Diocesan personnel, please call the hotline at 800-640-3044.

Purchase Scrip Gift Cards from all of your favorite stores, restaurants, etc... in the Parish Office!

This Week's Liturgical Celebrations

Masses – Saturday, 5:00 p.m. and Sunday, 7:00, 9:00, 11:00 a.m.

Monday, November 27 8:05 a.m. We Remember Joanne Hoffman We Remember Elizabeth Lang Tuesday, November 28 8:05 a.m. Wednesday, November 29 We Remember Josh Ritter 8:05 a.m. Thursday, November 30 9:00 a.m. We Remember Holy Souls Friday, December 1 We Remember Anna Lawlor 8:05 a.m. Saturday, December 2 We Remember Dan & Shirley O'Brien 5:00 p.m.

> 7:00 a.m. We Remember Stephen Dressler 9:00 a.m. We Remember Martha Stumpf

11:00 a.m. We Remember Patricia Whelan



Please Pray For

Danielle Dorlac Donna Archambault-Kania

Arlin Stechmesser
Catherine Marlo
Peggy Schutt
Dakota Schutt

Mike Conrad

Sunday, December 3

Janice McDermott Delores Deleveski Brian Kreher

Rich Sambo Catherine Sambo Nicole Pennington

Ruth Herrmann Bill Kutz

Chris Peel

Joan Thoma
Grace Nolan
Special Intention
Liam Pugh
Baby Marcella
Norman Pautler

Don & Shirley Mehrmann

Dolores G. Elliana Cloin

Earl & Arlene Kruse

Mrs. Steele Brian Hirsh Bob Frey

The Kruse Family
Betty Schmieder

Lynn Naumann Casey

Kate Patterson Ellen Dietz

Sharon Nealon

Jamie Moravec Elsie Hofstetter

Mary Lou Mees Kelsey Christensen

Jean Conrad
Jim Grau
Geri Griffin
Donna Ritson
Owen Kinane
Gina Haberl

Alan Schertel

Troops in Service... SGM Joseph Pope, US Army; Colonel Brian Schoellhorn

Prayer List Guidelines: Please be mindful – if your loved one no longer needs to be on the Prayer List, call the Parish Office at 281-5105.

Weekly Reflections

November 26, 2023:

First Reading: Ezekiel 34:11-12, 15-17

Second Reading: First Corinthians 15:20-26, 28

Gospel: Matthew 25:31-46

Stewardship...

Thank you for sharing your blessings with us!

| N | lovember 19, 2023 | |
|--------------|-----------------------|---------------|
| Actual | \$ | 69,667.35 |
| Budget | \$ | 66,250.00 |
| Actual YTD | \$ | 839,867.90 |
| Budget YTD | \$ | 844,200.00 |
| Over (under) | \$ | (4,332.10) |
| Prior YTD | \$ | 726,059.16 |
| Over (under) | \$ | 113,808.74 |
| | * The above totals it | nclude online |

* The above totals include online giving totals through 11/18

| | ALA HALL |
|----------------------|---------------|
| CEAC | \$ 2020.00 |
| Capital Improvements | \$ 191.00 |
| Cemetery Maintenance | \$ 710.00 |
| Gibault | \$ 267.00 |
| Sr. Thea Bowman | \$ 70.00 |
| SVDP | \$ 346.00 |
| Guatemala | \$ 683.00 |
| Votive | \$ 234.00 |
| Capital Campaign for | |
| Human Development | \$ 784.00 |
| | |
| | |



From Our Young Stewards Treasure: \$35.00

Time and Talent: Cleaned bathroom; helping mom and dad; going to Church.

HOW TO SAVE TAXES ON IRA REQUIRED MINIMUM?

Distributions (RMDs) with charitable donations.

When do I need to take RMDs?

The SECURE Act 2.0 has changed the ages of eligibility for taking RMDs. The RMD beginning date gradually increases to 75 over the next decade. If you were born in 1950 or earlier your RMD start date is at age 72; Between 1951-1959 your RMD start date is at age 73; 1960 or after your RMD start date is at age 75.

How are RMDs taxed?

RMDs will be taxed as ordinary income in the year that you take them, although there are some opportunities that can eliminate the tax or defer when those RMDs must begin. Many accounts that require RMDs are tax-deferred accounts, which means that the contributions were made with dollars you hadn't paid taxes on, and your tax liability is due at the point of withdrawal. (Roth IRA accounts do not tax RMDs).

How to manage taxes on RMDs?

When you have money in retirement accounts, you'll generally have to pay taxes on that money at some point, depending on when each account is taxed. Once you withdraw your annual RMD, the money is taxed at your current income rate. The federal income tax impact is similar to the income you earn from working at a job—the higher your income for the year, the higher your tax rate. However, you might have some control over the timing and amount of your withdrawals. Any strategy has pros and cons, and it's critical to review your situation carefully with a certified public accountant (CPA) and financial advisor before making any decisions.

Explore qualified charitable distributions (QCDs).

If you give money to charity, QCDs offer a unique way to reduce taxes associated with RMDs. Money donated through a QCD counts toward your RMDs and may reduce your taxes since you can exclude the distribution from your tax return. Charitable giving is an important value for many. Using a QCD is one way to help reduce the funds you may have otherwise needed to withdraw as an RMD. The SECURE Act 2.0 caps the limit at \$100,000 per year, with inflation adjustments beginning in 2024. However, the SECURE Act 2.0 hasn't impacted the age you can take QCDs. That remains 70½. For these gifts to count toward your RMDs, the contributions must come from your IRA by December 31 each year. Contact your financial or tax advisor for further information.

- Immaculate Conception Planned Giving Council

PHASE 3 IS COMING!

Phase 2 of our most recent Capital Campaign for the Catholic Education and Activity Center officially comes to an end on December 31, 2023. For those of you who were able to complete your pledges, we are grateful. Our debt is so much smaller because of your generosity! If you are still working toward completing your pledge—or would like to donate more—please continue to use the purple envelopes provided in your current packets, or bring your offerings to the parish office before December 31.

Your next packet of stewardship envelopes, arriving in December, includes a new white envelope with a blue border, titled, "Building the Church, Continuing the Dream, Campus Enhancement." This envelope is for Phase 3 of our Capital Campaign, (the soccer field, Rosary and Stations of the Cross walk, the pavilion, and a new lighted sign) which will be kicked off officially in January 2024. More about this in the new year, but you are most welcome to begin your donations now using the new white with blue border envelopes!

Thank you so much for your generosity...past, present, and future!

Parish Events & News...

What's Ahead for ICY?

12/3 - Advent By Candlelight Prayer Service 7pm Gift Wrapping/Open Gym

12/17-- <u>Youth Mass 11 am</u> Drive-By Caroling and Pizza 5pm-7pm

See our website for details!



BULLETIN DEADLINE...

All submissions for the bulletin will need to be in to the Parish Office two Thursdays before you need it in the bulletin. Submissions will need to be sent to iccmail@ iccmail.org. If you have any questions, please call the Parish Office at 618-281-5105.



D.C. PRETZEL AND DONUT SALES

The next Pretzel and Donut weekend will be December 9 and 10. All proceeds go to the 8th graders' trip to Washington, D.C.

Ministry News & Happenings

THEOLOGY ON TAP'S **UPCOMING EVENTS**

Dates and topics are below. All dates are at Sunset Overlook in Columbia, IL at 7:00 p.m. unless otherwise noted.

December 11: Christmas Party & White Elephant

ICY ODD SUNDAYS

Every Sunday with an odd date is an Odd Sunday ICY Meeting. Check out the QR code for more details.





Pope Francis Says...
The natural environment is a collective good, the patrimony of all humanity and the responsibility of everyone. If we make something our own, it is only to administer it for the good of all. (LS 95)

What can I do? Learn about alternatives to household cleaning items that do not use hazardous chemicals consider alternatives like baking soda, scouring pads, vinegar, water, or a little more elbow grease.

Discipleship

In the rich tapestry of Catholicism, discipleship stands as a cornerstone, emphasizing the importance of following in the footsteps of Jesus Christ. Discipleship is not confined to the pews of a church; rather, it is a way of life that permeates our daily existence. It calls upon us to live out our faith in tangible ways, reflecting the teachings of Christ through our actions and attitudes.

- Prayer: A crucial aspect of discipleship is prayer. Engaging in daily conversation with God deepens our connection with Him and strengthens our faith. Regular prayer provides guidance, solace, and a sense of purpose in our lives. Whether through the Rosary, the Liturgy of the Hours, or spontaneous prayers, we find countless ways to commune with God throughout the day.
- Scripture: Studying the Bible is another fundamental component of discipleship. The Word of God provides wisdom, inspiration, and a roadmap for living a Christ-centered life. Regularly reading and reflecting on Scripture helps us discern God's will and equips us to face life's challenges with faith and courage.
- Sacraments: The Sacraments are powerful channels of grace in Catholicism. Regularly participating in the Sacraments of the Eucharist and Reconciliation helps us draw closer to God and receive His forgiveness and nourishment. The Sacraments are not just rituals but tangible encounters with Christ that sustain us on our discipleship journey.
- Service: True discipleship involves reaching out to others in love and service, just as Jesus did. Engaging in acts of charity and kindness, whether it's volunteering at a local shelter or helping a neighbor in need, reflects the compassionate heart of Christ and fulfills the call to love our neighbors as ourselves.
- Community: Being part of a faith community is vital for Catholic discipleship. Sharing our faith journey with others in a parish or small group provides support, accountability, and opportunities for growth. It reminds us that we are not alone in our pursuit of holiness and helps us grow in communion with others.
- Worship: Attending Mass regularly is central to Catholic discipleship. It is in the celebration of the Eucharist that Catholics participate in the real presence of Christ and are nourished by His Body and Blood. Mass is a moment to give thanks, offer praise, and recommit to living as Christ's disciples.
- Charity and Compassion: Jesus' teachings call us to care for the marginalized and those in need. Catholic discipleship challenges us to be advocates for justice, to stand up for the dignity of every person, and to work towards a more just and compassionate society.

In essence, discipleship transcends the confines of religious rituals and extends into every facet of our lives. It's about aligning our thoughts, words, and deeds with the teachings of Christ, seeking to be His hands and feet in the world. Through prayer, Scripture, Sacraments, service, community, worship, and acts of love and compassion, we can embrace Catholic discipleship in our daily lives, drawing closer to God and becoming more Christ-like in the process.

WOMEN'S BIBLE STUDY

Tuesdays, 6:30 p.m. in the library. All are welcome! Contact Lizanne for more info at 618-281-5105, ext. 354.

CONGRATULATIONS TO ALL THE WINNERS!

ICCCW Fall Quilt/Basket Raffle Winners

1. Quilt Raffle: First Prize: Quilt – Helen Csik Second Prize: \$100 Linnemann Gas Card – Ginna Hamilton

Third Prize: Afghan – Larry Pretto

- 2. D'Italia Andrea Biske
- 3. Doggie Delights Chris Wessel
- 4. Raking in the Dough Stephanie Burns
- 5. Come Have Breakfast Pat Dillman
- 6. Fall Décor MaryAnn Farley
- 7. Every Day is a Fresh Start Donna Polizzi
- 8. Cocktails in Columbia Chere Glasscock
- 9. Amish Basket Carla Becherer
- 10. Family All Year Bernadette Wilson
- 11. Thanksgiving Décor Chris Wessel
- 12. Willow Tree Marty Colley
- 13. Tailgating Fun Beth Vernichio
- 14. Chocolate Basket Carla Becherer

IC-CCW NEWS

Dates to Remember:

NOTE DATE CHANGE!

- Wednesday, December 6th, Mass and Lunch with retired priests at Hincke House. Carpooling available. Leave ICC lower level at 10:30 a.m.
- Thursday, December 7th, Christmas Party 5:30 p.m. in the Garden Level. \$10.00 for dinner. Bring a gift for Gabriel's Retreat for pregnant women. Donation list will be posted on Facebook and was listed in November's Minutes.

RSVP BY DECEMBER 3rd! to Glenda Sexauer for both events at glenda. sexauer@gmail.com or 618-281-8452.

THANK YOU!!!

The SVDP Ministry would like to thank all who made casseroles for those in need. Your time and effort is greatly appreciated!

NEWS FROM THE KNIGHTS

Knights of Columbus 4th Degree



On November 12th, nine men from Immaculate Conception Parish made their commitment to active leadership in family, parish, and community life by going through the Knights of Columbus 4th Degree ceremony in Breese, Illinois. The primary principle of the 4th Degree is patriotism. From left to right: District Deputy Carl Scheffert, Dave Bodinet, Jim VonDerHaar, Matt Sainz, Jack Sainz, Adam Randle, Kevin Hutchinson, Pat Grawitch, Steve Wilcon, and Tom Braun. Not pictured is Deputy Grand Knight Paul Smith who will transfer his 4th Degree membership to the local Assembly 1529.

THE 2023 CATHOLIC SERVICE AND MINISTRY APPEAL

The one who does justice will live in the presence of the Lord.

— Psalm 15

The Catholic Service and Ministry Appeal Fund for Ministry provides funding to parishes, schools and organizations throughout our diocese for local projects. A total of 17 grants were awarded throughout our diocese in the past year. Help this popular program, which funds local projects, continue through your gift to this year's Catholic Service and Ministry Appeal.

SANCTITY OF LIFE

Need any Christmas Cards? These beautiful "Kissing the Face of God" Christmas cards are available for purchase in the Parish Office. A pack of 10 is \$10. Quantities are limited, so get them before they're gone! The inside says, "So gentle this time of wonder, so holy Christ's moment of birth, So wondrous the gift of life, When love was born on earth. A blessed Christmas!" The back says, "By sending this card, you are furthering efforts towards restoring the sanctity of all human life."

QUILTERS' CORNER...

Join our super fun quilters' group on Tuesdays and Thursdays from 9:00-11:30 a.m. All skill levels welcome and appreciated, even beginners! Contact Carlene at 281-5877.



Vocation

The month of November is a time for us to remember the deceased of our family and friends. It affords us time to reflect upon God's goodness to them and what they meant to us in life. As we have been praying for vocations in this section of the bulletin, the month of November gives us a chance to reflect upon all the wonderful priests, sisters and brothers who have served the Lord well, but now have gone to meet the Lord face-to-face. They may have taught us in school or visited us in the hospital. They may have given us our First Communion or listened to our Confessions. In one way or another, we all have been formed by faithful priests, brothers and sisters. Take some time this month to remember them, give thanks to God for their vocations, and to pray for their souls! While remembering those who were faithful to their vocations in life, pray too for future vocations!

PRAYER SHAWLS AVAILABLE!

Do you know someone who needs prayers? Why not bring them some comfort with a handmade Prayer Shawl from our Prayer Shawl Ministry? Each Shawl will wrap your loved one in the prayers of our parish!

Even during this vastly different time with COVID, we can get your loved one a Prayer Shawl. We deliver in sanitized bags and will leave on a porch or you can still pick up at the office during office hours. Call Helen Csik at 314-651-5033 or the Parish Office at 618-281-5105.



EUCHARISTIC ADORATION

Please join us for Eucharistic Adoration on Tuesdays from 4:00 p.m. until 8:00 p.m. Spend some quiet time with the Lord.

Society of St. Vincent De Paul Needs Your Help

The Society of St. Vincent de Paul Night-Time Drop-In Center continues to operate at full capacity every night, providing shelter and helping homeless men, women and children survive the dangers of the city streets. In addition, Cosgrove's Soup Kitchen serves an ever-growing number of hungry people each day. We humbly ask for your prayers for St. Vincent de Paul staff and clients and, if you are able, to once again provide any of these much-needed items:

Individually packaged cookies, fruit cups, tuna and chicken snack packs, chips, crackers, cheese sticks, yogurt cups, cereal, Pop Tarts, breakfast bars, soup or pasta in a cup, bottled water and other individual-serve drinks. In addition, laundry detergent pods, paper towels, toilet paper and tissues are always in short supply.

Items can be dropped off Monday through Friday, 9:00 a.m. - 2:30 p.m., at:

St. Vincent de Paul Office

8800 West Main Street, Belleville, Illinois 62223 (across from Blessed Sacrament Church)

or

SVDP Thrift Store/Soup Kitchen 3718 State Street, East St. Louis 62205

If you have questions or need additional information, please call the SVDP Council office at 618-394-0126. Thank you and God bless you for your generosity which enables our ministry to the very poorest among us.

PRO-LIFE/PREGNANCY RESOURCES...

- Free and confidential pregnancy testing, counseling, and practical support: Life Network of Southern Illinois (in Waterloo and Red Bud) – 618-939-4224/mylifenet.org.
- Birthright Counseling STL (3 locations in St. Louis) birthrightstl.org.
- Free and confidential counseling for anyone hurt by abortion; contact Project Rachel at 618-722-5068 or hopeafterabortion.com.
- A caring place for women who are pregnant and experiencing homelessness; contact Fontebella Maternity Home at 618-406-4355.

If you, or someone you know, have an unborn baby diagnosed with "fetal abnormalities" or an "adverse prenatal diagnosis," please refer to: BeNotAfraid.net or PrenatalPartnersforLife.org. Both offer free parent-centered case management and parental support for parents carrying to term following a prenatal diagnosis. Birthrightstl.org offers their Melissa's Smile program, a counseling and supportive resource for mothers and fathers whose baby has been diagnosed prenatally with a genetic abnormality or whose baby has been born with a disability or serious medical condition.



IMMACULATE CONCEPTION SCHOOL

409 Palmer Road ~ 281-5353

School Principal: Dave Gregson, Ext. 202 ~ dgregson@icsmail.org School Secretary: Beverly Epplin, Ext. 200 ~ bepplin@icsmail.org

MISSION • COMMUNITY • SERVICE





Don't forget to come out on Tuesday nights for our Queen of Hearts drawing. Queen of Hearts drawing is at 7:00 p.m. and 50/50 is drawn at 7:15 p.m. Check back for monthly reports on how much we have been able to raise.

VOLUNTEERS ARE ALWAYS WELCOME! Visit the Parish website: ICC-columbia-IL.us for a link to our Queen of Hearts sign-up.

What's Happening at Gibault?

PLACEMENT TEST

Attention Class of 2028! This year's placement test is scheduled for December 2 from 8:30 a.m.-11:00 a.m. Sign up at https://bit.ly/2028placement.

VISIT GIBAULT

Come see what life as a Gibault Hawk is like! On select Tuesdays and Fridays, your 7th or 8th grader or current high school student can spend the day at Gibault as a Shadow Visitor. Shadows will be matched with a current student with similar interests and together, they'll attend classes, meet teachers, enjoy lunch in our cafeteria, and more! We also offer Private Tours for the whole family. See our campus and get your questions answered by our Director of Enrollment. Get started at https://bit.ly/GCHSInquire.

WINTER CAMPS

Join the Hawks for our Winter Camps! K – 6th graders can join the Gibault Cheer Team for a fun mini-camp on December 8 & 9, with a performance at halftime of the varsity game on December 9. The State Champion Gibault Baseball team welcomes 5th-8th graders for its camp on December 27-29. For full camp info and registration forms, visit www.gibaulthawks.com/winter-camps.



Diocesan and Area Interests...

SEEDS OF HEALING THROUGH FAITH, HOPE, AND LOVE

Saturday, January 20, 2024, 9:00 a.m.-7:00 p.m. Marianist Retreat and Conference Center 4000 Hwy 109, Eureka, MO 63025

Losing a loved one to suicide or any tragic death is a pain that no one can prepare for. The roller coaster of emotions is enough to make one doubt God's presence in the situation. This day of reflection is designed to help in the journey through these emotions and come out renewed with confidence in God's love and care for each one of us. Members of our ministry team for this day will include Father Tom Miller (pastor of Our Lady Queen of Peace and St. Anthony Parishes), Deacon Rob Lawson (Incarnate Word Parish), Adam Bitter (Incarnate Word Parish), and the Jonah Prayer Teams from Incarnate Word, St. Alban Roe, and St. Anthony of Padua Parishes. There will be time for healing prayer, discussions, sharing, techniques for healthy outlet of emotions, and testimony from those who have healed from the same pain you may be feeling. Attendance will be limited to 100 participants total for Saturday, 9:00 a.m.-7:00 p.m. and include two meals for \$65.00. We are also offering the option for up to 45 participants to spend the night through 10:00 a.m. on Sunday which includes a private room and breakfast for \$155.00.

For more information, call Barb at 314-910-3942, Mary at 314-210-5098 or Shelby at 636-288-9841. Registration: https://marianistretreat.com/events/seeds-of-healing-retreat-2024/



Discernment 101

Saturday morning talks, prayer, and discussion groups with the Daughters of St. Paul to explore God's will for your life

Open to single Catholic women ages 16-33

SEPT 16

Growth,

Not Perfectionism

A Holistic Approach

5 1

Interior Freedom Becoming Ourselves in Christ NOV

11

God's Will vs. My Desires? The Role of Desire in Discernment DEC

09

Pray, Choose, Act Living the Fruits of Discernment

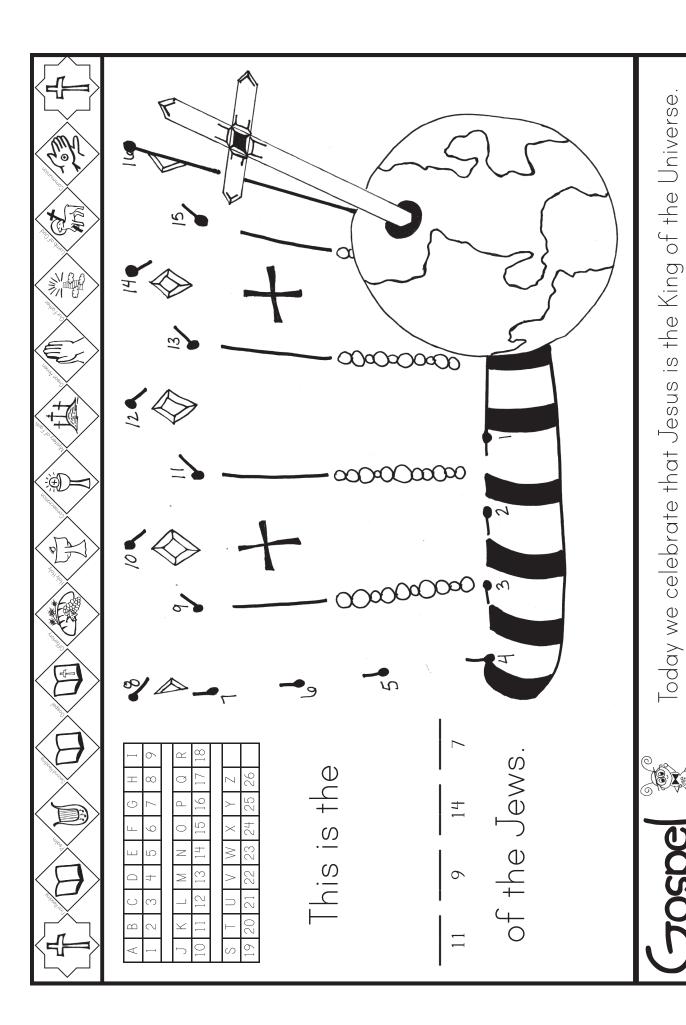
8:30 AM - 1:00 PM

Includes Mass, talk and discussion, Eucharistic Adoration, and lunch

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REGISTER

Email Sr. Amanda Marie at stlouisvocations@paulinemedia.com



Year A: Solemnity of Our Lord Jesus Christ, King of the Universe

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ONDESSONK.COM/EVENTS

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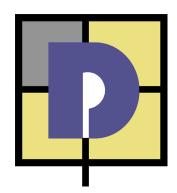
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