

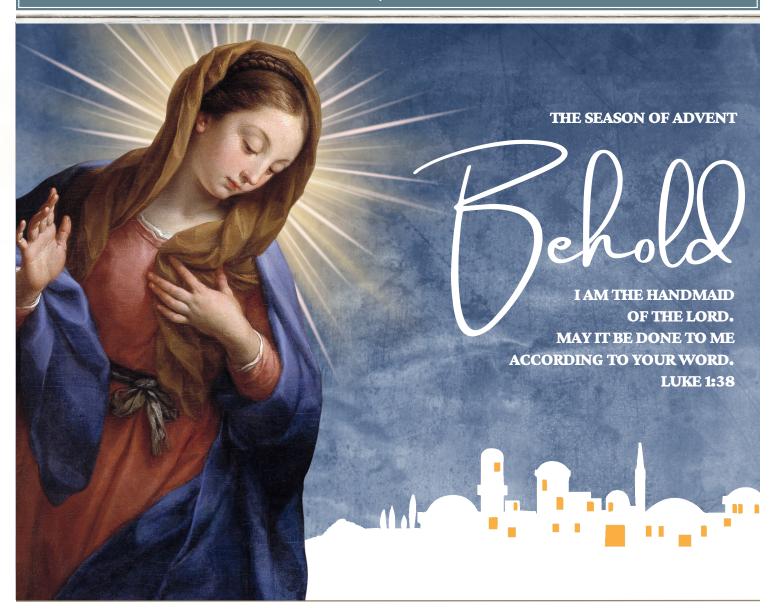
Immaculate Conception

A Full Stewardship Parish ~ Partner Parish of Sacred Heart of Jesus, Dupo, IL 411 Palmer Road, Columbia, IL 62236 | 618-281-5105 | Fax 281-6848

December 17, 2023

Third Sunday of Advent

www.icc-columbia-il.us



ROOTED IN THE GOSPEL OF CHRIST AND IN THE TRADITION OF CATHOLICISM AND UNDER THE PATRONAGE OF MARY IMMACULATE, WE COMMIT OURSELVES TO BE A WELCOMING COMMUNITY OF FAITH, WORSHIPPING WITH GENERATIONS OF BELIEVERS AND SERVING GOD IN ALL PEOPLE.

Welcome New Parishioners

If you are new to our parish and reside within the parish boundaries, and would like to be members, please call the Parish Office at 618-281-5105, and our secretary will be happy to help make that happen!

Hola, Bienvenidos – a la iglesia Catolica en Immaculata Concepcion. ¡Que tengas una bendita semana!

We livestream! To participate, please use this link: https://www.youtube.com/c/ImmaculateConceptionCatholicChurchColumbiaIL

Parish Office Hours

Monday-Friday, 8:00 a.m.-4:00 p.m.

Phone: 618-281-5105

Parish Staff

Pastor, Fr. Steve Thoma, C.R. ext. 358 or 805-670-3541 frsteve@iccmail.org

Associate Pastor, Fr. Eric Wagner, C.R. 773-269-0227 ericwagnercr1@gmail.com

Business Manager, Kara Dell-Hunt ext. 350, kdell-hunt@iccmail.org

Director of Music, Karen Lundy 618-719-1815 karenslundy@gmail.com

Director of Faith Formation, Lizanne Young ext. 354, lyoung@iccmail.org

IC-PSR Coordinator, Rebecca Husman ext. 353, rhusman@iccmail.org

Bookkeeper, Sheryl Oglesby ext. 351, soglesby@iccmail.org

Secretary, Michelle Muckensturm ext. 300, iccmail@iccmail.org

Spiritual and Mental Health Advocate, Shea Christensen ext. 352, schristensen@icsmail.org

ICS Principal, Dave Gregson 281-5353, ext. 202 dgregson@icsmail.org

Pastoral Council Chair, Bill Simmons wsimmons85@yahoo.com

School Board President, Kyle Doerr boardpresident@icsmail.org

Sacramental Information

Baptisms: Parents/guardians are asked to attend a Preparation Seminar scheduled on the second Sunday of the month after 9:00 a.m. Mass (approximately 10:00 a.m.) in the lower-level library. We celebrate Baptisms on the first Sunday of the month during any Mass, and the third Sunday of the month after the 11:00 a.m. Mass. (No Baptisms are scheduled during Lent.) Please call the office to schedule at 281-5105.

Weddings: The parish is happy to celebrate the Sacrament of Holy Matrimony with adults who are currently registered members of Immaculate Conception Church (bride or groom). If you are one of many who would like to "come home" to celebrate the Sacrament with family and friends, please provide the name of the parish where you are now a member, along with contact information. We ask that you contact the IC Parish Office a minimum of four months prior to Marriage, but in most cases couples will need to allow time for Pre-Cana formation, and we suggest beginning to plan your Sacrament 12 or 18 months prior to Marriage.

Anointing of the Sick & Funerals: Since individual needs differ, please contact the Parish Office at 281-5105 for pastoral care. Do not hesitate to call; we are grateful for the opportunity to open our hearts to you and your family and offer these sacramental services.

RCIA (Rite of Christian Initiation of Adults): The RCIA is for everyone who has been drawn by God to form a deeper relationship. Wherever you are in your faith practice – baptized in another Christian faith, starting from the beginning, or simply enriching your Catholic practice – consider the RCIA. Get to know God better and find out what it means to be Catholic. We meet in the Parish Office on Sundays (September-Easter), starting with "Breaking Open the Word" dismissal from 9:00 a.m. Mass, and catechetical sessions from 10:00-11:30 a.m. Contact Lizanne Young at the Parish Office at 281-5105, ext. 354, or email lyoung@iccmail.org.

Reconciliation: Reconciliation is offered from 4:00-4:30 p.m. on Saturdays and by appointment.

IMPORTANT VOLUNTEER INFO!

Anyone who wishes to volunteer at school or church when there are children present MUST be compliant with the Diocesan Child Protection Policy. Please be proactive! *EVERYONE must have an IL state background check, as well as doing the online refresher and filling out CANTS forms. *Coaches and employees will need to be fingerprinted in addition to the usual Child Protection paperwork. Contact Kara at the Parish Office if you have questions. *The initial course is now available online. Please contact Kara at the Parish Office for directions. Not sure if you are compliant? Contact Kara at the Parish Office. *The refresher course for 2023-2024 IS AVAILABLE ONLINE! Follow the link on our website! If you can't find it there, it is also on the Diocesan website at http://diobelle.org/b.aspx. Questions? Contact Kara at the Parish Office at 281-5105. *Sexual Abuse Hotline: Anyone wishing to report an allegation of sexual misconduct by a Priest or other Diocesan personnel, please call the hotline at 800-640-3044.

Purchase Scrip Gift Cards from all of your favorite stores, restaurants, etc... in the Parish Office!

This Week's Liturgical Celebrations

Masses - Saturday, 5:00 p.m. and Sunday, 7:00, 9:00, 11:00 a.m. Monday, December 18 8:05 a.m. We Remember Holy Souls Tuesday, December 19 We Remember Steve Dressler 8:05 a.m. Wednesday, December 20 We Remember Ray & Velma Budde 8:05 a.m. Thursday, December 21 We Remember Elizabeth Lang 8:05 a.m. Friday, December 22 We Remember Sarah Matlock 8:05 a.m. Saturday, December 23 5:00 p.m. We Remember Angela Krupp Sunday, December 24 7:00 a.m. We Remember Tom Sutterer 9:00 a.m. We Remember Vernon & Ruth Frierdich & Berni Kutz

11:00 a.m. We Remember Harold Stemler4:00 p.m. We Remember Ray Ratajczyk10:00 p.m. We Remember Lawrence Beckerle

Please Pray For

Danielle Dorlac

Donna Archambault-Kania

Arlin Stechmesser

Catherine Marlo

Peggy Schutt

Dakota Schutt

Mike Conrad

Janice McDermott

Delores Deleveski

Brian Krahar

Brian Kreher
Rich Sambo
Catherine Sambo
Nicole Pennington
Ruth Herrmann
Bill Kutz

Bill Kutz Chris Peel Joan Thoma
Grace Nolan
Special Intention
Liam Pugh
Baby Marcella
Don & Shirley Mehrmann

Elliana Cloin
Earl & Arlene Kruse
Mrs. Steele

The Kruse Family Betty Schmieder Lynn Naumann Casey

Kate Patterson Ellen Dietz

Brian Hirsh

Sharon Nealon Jamie Moravec

Elsie Hofstetter Mary Lou Mees Jean Conrad

Jim Grau
Geri Griffin
Donna Ritson
Owen Kinane

Gina Haberl
Alan Schertel
Ken Breitenstein
Amy Adler

Wanda Schewe

Troops in Service... SGM Joseph Pope, US Army; Colonel Brian Schoellhorn

Prayer List Guidelines: Please be mindful – if your loved one no longer needs to be on the Prayer List, call the Parish Office at 281-5105.



December 17, 2023:

First Reading: Isaiah 61: 1-2a, 10-11 Second Reading: First Thessalonians 5: 16-24

Gospel: John 1: 6-8, 19-28

Our Sympathies...

To Gina, Tom, Christine, and Paul and their family on the death of their mother Gloria Thoma, 91, of Columbia



Stewardship...

Thank you for sharing your blessings with us!

CEAC Debt Status		
Endowment Loan	\$	625,000
Diocese Loan	\$	2,049,222
	\$	2,674,222
December 10, 2023		
Actual	\$	27,060.72
Budget	\$	25,300.00
Actual YTD	\$	942,885.07
Budget YTD	\$	959,100.00
Over (under)	\$((16,214.93)
Prior YTD	\$	830,834.05
Over (under)	\$	112,051.02
CEAC	\$	2,295.00
Capital Improvements	\$	370.00
Gibault	\$	55.00
SVDP	\$	25.00
Guatemala	\$	777.00
Votive	\$	144.00
Christmas Flowers	\$	572.00
Cemetery Maintenance	\$	205.00
Sr. Thea Bowman	\$	200.00
Retirement Fund for Religious	\$	871.00
Diocese of Belleville –		
Christmas – For those in need	\$	340.00
Christmas Offering	\$	1015.00



From Bur Young Stewards

Treasure: \$5.50

Time and Talent: I picked up my room.

WHY DONATE APPRECIATED STOCK TO CHARITY?

Giving stock instead of cash as a charitable donation can greatly benefit the donor as well as the recipient. You will find that many charities, churches, schools, and other nonprofit organizations will accept stock as a gift.

Tax Benefits of Donating Stock to Charity

If the stock has increased in value from the time of purchase, the owner can avoid paying capital gains tax by donating the security to a qualified charitable organization. When an appreciated security held for at least a year is donated to a charitable organization, its fair market value may be itemized as an income tax deduction. The resulting tax savings could be factored in to make a larger donation. For publicly traded shares, the fair market value is the average of the high and low price on the transfer date.

Considerations:

- Many nonprofits, such as hospitals, schools, and various other organizations, will accept stock as a gift or donation.
- Giving stock often results in a larger donation to the organization, as the gift is tax-deductible and there are no capital gains taxes to pay.
- If your stock has risen in value since purchase, donating it directly is preferable, but if it has lost value, it may be more advantageous to sell it first and then donate the proceeds, so the giver can take the tax loss.
- Most organizations will immediately liquidate the donation, converting the stock to cash.
- Depending on the organization you donate to and your adjusted gross income, a varying amount of your donation may be able to be deducted on your taxes.

Consult your tax or financial advisor for more information.

- Immaculate Conception Planned Giving Council

PHASE 3 IS COMING!

Phase 2 of our most recent Capital Campaign for the Catholic Education and Activity Center officially comes to an end on December 31, 2023. For those of you who were able to complete your pledges, we are grateful. Our debt is so much smaller because of your generosity! If you are still working toward completing your pledge – or would like to donate more – please continue to use the purple envelopes provided in your current packets, or bring your offerings to the parish office before December 31. Your next packet of stewardship envelopes, arriving in December, includes a new white envelope with a blue border, titled, "Building the Church, Continuing the Dream, Campus Enhancement." This envelope is for Phase 3 of our Capital Campaign, (the soccer field, Rosary and Stations of the Cross walk, the pavilion, and a new lighted sign) which will be kicked off officially in January 2024. More about this in the new year, but you are most welcome to begin your donations now using the new white with blue border envelopes!

Thank you so much for your generosity...past, present, and future!

Parish Events & News...

MONSTRANCE UPDATE... THE BAD, GOOD, BAD AND GOOD!

On October 11, 2023, Bishop McGovern was here at IC to lead us in a night of prayer and Eucharistic Adoration. As I was setting things up, the glass from our monstrance slipped, fell to the ground, and shattered! Bad news indeed!

I told this story at the following weekend Masses, and that it would cost about \$2,000.00 to replace. By Tuesday, IC parishioners stepped up and donated more than enough money to order a new one. Even though each and every one of them wished to remain anonymous, I can't thank them enough for their generosity. Good news indeed!

I found a beautiful replacement from a reputable company out of Italy, so I ordered it, and waited patiently for it to arrive. Last week it arrived, but not in working order! We are in the process of returning it for replacement. **Bad news indeed!** For those who partake in our Tuesday night Eucharistic Adoration, all I can say is, "patience!" How appropriate a lesson in the Advent Season.

In the meantime, we were given a chapel-sized monstrance from St. Joseph Church, a closed Catholic Church in Willisville, IL. It is small, but beautiful, and will act as our monstrance until our ordered monstrance arrives from Italy. Even as one parish closed, another was able to benefit. For Christians, "death into new life" takes many shapes and sizes! Good news indeed!

Fr. Steve

ICY ADVENT OFF TO A GREAT START

Teens gathered in church in the evening, December 3 for a prayer service marking the First Sunday of Advent. Afterward, they enjoyed hot chocolate and wrapped the gifts they had collected for their adopted Christmas family.



BULLETIN DEADLINE...

All submissions for the bulletin will need to be in to the Parish Office two Thursdays before you need it in the bulletin. Submissions will need to be sent to iccmail@iccmail.org. If you have any questions, please call the Parish Office at 618-281-5105.



D.C. PRETZEL AND DONUT SALES

The next Pretzel and Donut weekend will be January 20 and 21. All proceeds go to the 8th

graders' trip to Washington, D.C.

Ministry News & Happenings

WOMEN'S BIBLE STUDY

Tuesdays, 6:30 p.m. in the library. All are welcome! Contact Lizanne for more info at 618-281-5105, ext. 354.

ICY ODD SUNDAYS

Every Sunday with an odd date is an Odd Sunday ICY Meeting. Check out the QR code for more details.





Pope Francis Says...

Human ecology is inseparable from the notion of the common

good, a central and unifying principle of social ethics. The common good is "the sum of those conditions of social life which allow social groups and their individual members relatively thorough and ready access to their own fulfillment." (LS 156)

Discipleship

During this short season of Advent, we are called to "repent" and make ready the way of the Lord. One of our dear friends and spiritual leaders, Father Chris Reuter, once preached that we are to comfort the afflicted and afflict the comfortable. Is there a "comfortable" part of our life that could use some "stirring up" as we make ready the way of the Lord in our life? As you reflect on this and as you prepare to renew your Stewardship covenant with God, don't forget that your Time, Talent, and Treasure packet contains a wonderful resource of ministries to provide new avenues for service and spiritual growth. God does not intrude on our life. He waits patiently outside and longs for us to open the door and welcome Him in. Get to know God better by joining a ministry. It can be life-changing.

IC-CCW NEWS

- * *Our Next Meeting* is Thursday, January 4th at **6:30** p.m. on the Garden Level.
- * Gabriel's Retreat Ministries very much appreciated all of the donations from our ladies. Thank you for your generous gifts!
- * Dear Women of the Parish: Thank you so much for all your time, work and donations this past year. You have helped us continue our mission of supporting our Church in supplying the needs of our Masses, including supporting our college students via communication and donations, making dishes for the funeral lunch for our grieving families, remembering our retired priests, supporting The Newman Center, getting The Messenger to the local nursing homes, and a gift to our priests and the Church. Thank you! ~The officers of your ICCCW: Glenda Sexauer, Lori Doerr, Brenda Zipfel, and MaryAnne Moses-Farley.

NEWS FROM THE KNIGHTS

CHRISTMAS CAROLING!

We will be Christmas Caroling on December 19 starting at 5:30 p.m. We would love for you to join us. We will meet at 5:15 p.m. in the garden level. If you know anyone who is interested in our coming to their home to carol, please email us at gk@kofc6165.

their home to carol, please email us at gk@kofc6165. org. Also, if you want to join us in singing, please email us at gk@kofc6165.org. If you are under 18, you will need to have an adult accompany you.

QUILTERS' CORNER...

Join our super fun quilters' group on Tuesdays and Thursdays from 9:00-11:30 a.m. All skill levels welcome and appreciated, even beginners! Contact Carlene at 281-5877.

THE 2023 CATHOLIC SERVICE AND MINISTRY APPEAL

The one who does justice will live in the presence of the Lord.

Pealer 15

Your contribution to The Catholic Service and Ministry Appeal enables the Office of Education to impact the lives of over 9,500 students at 25 Catholic grade schools, three Catholic high schools and in PSR (Parish School of Religion) classes throughout our Belleville Diocese. If you haven't already done so, we prayerfully ask you to consider making a gift to the 2023 Appeal today...no amount is too large or too small! Thank you.

SANCTITY OF LIFE

The Sanctity of Life Committee will be collecting new gifts for the babies and mothers served by Life Network. Please take a paper ornament from the Giving Tree with a reminder of what is needed. Please leave your unwrapped gift near the Christmas tree in the Gathering Space. Here is a list of needed items: Amazon Gift Cards, Aveeno Baby Lotion, Baby Juice (any flavor), Baby Wipes (fragrance free), Booster High Chair Seat, Boudreaux's Butt Paste, Diapers (Pampers/Huggies preferred, sizes 4,5,6), Disposable Nursing Pads, Gerber Lil Crunchers, Good Nights (unisex, medium or large), Motrin (Children's or Infant's Liquid), Onesies (long-sleeved), Potty Chairs Pull-Ups (girls, all sizes), Sippy Cups, Socks (for kids, any size), Toddler Meals, Toddler Snacks, Walmart Gift Cards.

Monetary donations may be mailed to Life Network of Southern Illinois, 722 N. Market, Waterloo, IL 62298. Collection ends on January 5, 2024.

CHRISTMAS CARDS!

Need any Christmas Cards? These beautiful "Kissing the Face of God" Christmas cards are available for purchase in the Parish Office. A pack of 10 is \$10.00. Quantities are limited, so get them before they're gone! The inside says, "So gentle this time of wonder, so holy Christ's moment of birth, So wondrous the gift of life, When love was born on earth. A blessed Christmas!" The back says, "By sending this card, you are furthering efforts towards restoring the sanctity of all human life."



EUCHARISTIC ADORATION

Please join us for Eucharistic Adoration on Tuesdays from 4:00 p.m. until 8:00 p.m. Spend some quiet time with the Lord.



ACTS RETREAT

TESTIMONIAL

"What Is It that Makes the Retreat Such a Life Changing Experience?

"My ACTS experience started like most others. My neighbor and a good friend kept inviting me to attend a retreat. I had all the excuses, "my children needed me at home," "I was too busy at work," and "I am not religious enough to attend a retreat." My life was too heetic, and I did not need "one more thing to do." I told my neighbor I just needed some peace and quiet. My friend smiled and said, "The retreat can help you find that peace." I reluctantly said "yes" and attended my first retreat.

Well, my friend was correct, I found peace during that retreat. I remember not feeling alone in this new community. I was reassured that God was with me during all the chaos, and I discovered new and simple ways to incorporate prayer into my everyday life, which helps me find more peace.

Looking back over my past retreats, I see how these retreats have become milestones in my spiritual journey. Each a stepping-stone towards a more faithfilled, centered, and grounded version of myself. The chaos still exists, but now, I navigate it with God and a deepened sense of peace, love, and hope.

- Theresa Stearns

SIGN UP TODAY FOR THE NEXT LADIES RETREAT – $JANUARY 25 - 28^{TH}$

FOR MORE INFORMATION AND TO REGISTER – https://icc-columbia-il.us/acts-retreats/womans-acts-retreat/



Vocation

As the Advent season moves forward and Christmas time being just around the corner, it is a time to pray for vocations to the priesthood, religious life, and the permanent diaconate. If there are no leaders to shepherd us, who will introduce us to the Christ Child? Who will offer us the sacraments? Who will help us to grow our faith? Christmas is a time of gift giving and receiving. Make it a point every day of the Christmas season to ask God for the gift of vocations to be called forth from Immaculate Conception Parish and School. Pray, too, for young men and women to respond to God's grace and call!

PRAYER SHAWLS AVAILABLE!

Do you know someone who needs prayers? Why not bring them some comfort with a handmade Prayer Shawl from our Prayer Shawl Ministry? Each Shawl will wrap your loved one in the prayers of our parish!

Even during this vastly different time with COVID, we can get your loved one a Prayer Shawl. We deliver in sanitized bags and will leave on a porch or you can still pick up at the office during office hours. Call Helen Csik at 314-651-5033 or the Parish Office at 618-281-5105.

PRO-LIFE/PREGNANCY RESOURCES...

- Free and confidential pregnancy testing, counseling, and practical support: Life Network of Southern Illinois (in Waterloo and Red Bud) – 618-939-4224/mylifenet.org.
- Birthright Counseling STL (3 locations in St. Louis) birthrightstl.org.
- Free and confidential counseling for anyone hurt by abortion; contact Project Rachel at 618-722-5068 or hopeafterabortion.com.
- A caring place for women who are pregnant and experiencing homelessness; contact Fontebella Maternity Home at 618-406-4355.

If you, or someone you know, have an unborn baby diagnosed with "fetal abnormalities" or an "adverse prenatal diagnosis," please refer to: BeNotAfraid.net or PrenatalPartnersforLife.org. Both offer free parent-centered case management and parental support for parents carrying to term following a prenatal diagnosis. Birthrightstl.org offers their Melissa's Smile program, a counseling and supportive resource for mothers and fathers whose baby has been diagnosed prenatally with a genetic abnormality or whose baby has been born with a disability or serious medical condition.





IMMACULATE CONCEPTION SCHOOL

409 Palmer Road ~ 281-5353

School Principal: Dave Gregson, Ext. 202 - dgregson@icsmail.org School Secretary: Beverly Epplin, Ext. 200 - bepplin@icsmail.org

MISSION • COMMUNITY • SERVICE

UPCOMING PARENTS AND FRIENDS MEETINGS

January 8, 2024, 7:00 p.m. – Garden Level February 12, 2024, 7:00 p.m. – Garden Level March 11, 2024, 7:00 p.m. – Garden Level

UPCOMING FATHER'S CLUB MEETING:

Thursday, December 21

Location: TBD

Please contact Joel for more information: 618-979-0100



Don't forget to come out on Tuesday nights for our Queen of Hearts drawing. Queen of Hearts drawing is at 7:00 p.m. and 50/50 is drawn at 7:15 p.m. Check back for monthly reports on how much we have been able to raise.

VOLUNTEERS ARE ALWAYS WELCOME! Visit the Parish website: ICC-columbia-IL.us for a link to our Queen of Hearts sign-up.

What's Happening at Gibault!

RAFFLE-MANIA

Raffle-Mania is back with bigger prizes! This year's grand prize has **DOUBLED** to \$5,000.00! Visit https://givebutter.com/Raffle-Mania to purchase your tickets!

GRAND PRIZES of \$5,000.00, \$1,000.00, \$500.00, and \$250.00, and 6 at \$100.00

Prizes will be drawn on February 1st during Catholic Schools Week.

Tickets are being sold exclusively online. If anyone has difficulty with their online purchase, contact Desiree Frasure at Gibault Catholic High School (dfrasure@gibaulthawks.com or 618-939-3883).

VISIT GIBAULT

Come see what life as a Gibault Hawk is like! On select Tuesdays and Fridays, your 7th or 8th grader or current high school student can spend the day at Gibault as a Shadow Visitor. Shadows will be matched with a current student with similar interests and together, they'll attend classes, meet teachers, enjoy lunch in our cafeteria, and more! We also offer Private Tours for the whole family. See our campus and get your questions answered by our Director of Enrollment. Get started at https://bit.ly/GCHSInquire.

WINTER CAMPS

The State Champion Gibault Baseball team welcomes 5th-8th graders for its camp on December 27-29. For full camp info and registration forms, visit www.gibaulthawks.com/winter-camps.



FAMILY SPORTS PASS

Show you're #gibaultproud all year long! For \$125.00, Hawk

Fans can purchase a Family Pass that covers admission to most of our home games (some exclusions apply.) This pass is valid for girls' and boys' volleyball, girls' and boys' basketball, girls' soccer, softball, baseball, and select boys' soccer home games throughout the 2023-2024 school year! Visit GCHSSportsPass.givesmart.com to purchase your pass!

ENROLLMENT NEWS

There's still time to become a Gibault Hawk! We are accepting students for the Class of 2027 as well as transfer students for Fall 2023. Get started at: https://bit.ly/GCHSApply. Interested in learning more about Gibault Catholic? Contact Kelly Day at kday@gibaulthawks.com for information on all things Gibault or to schedule a private tour of our campus.

Diocesan and Area Interests...

Diocesan Christmas Collection December 24-25

The 46th Annual Diocesan Christmas Collection will be taken up at all Masses on Christmas Eve and Christmas Day. Parishes and agencies throughout the dioceses will request monies from this collection during 2024 to assist those who are in need with food, clothing, shelter, utility payments, healthcare and medications, funeral and burial expenses, transportation and emergency assistance of all types. Please consider giving as you are able; thank you so much.



QUILT OF THE MONTH

Our Lady of Good Counsel, Renault, is sponsoring a Quilt-of-the-Month Raffle. From January through December 2024, a beautiful queen-sized handmade quilt will be given away each month. Tickets are \$25.00 each, and they give you 12 chances to win. Please pick up a ticket here at the ICC Parish Office. Our hours are Monday-Friday, 8:00 a.m.-4:00 p.m.



SEEDS OF HEALING THROUGH FAITH, HOPE, AND LOVE

Saturday, January 20, 2024, 9:00 a.m.-7:00 p.m.

Marianist Retreat and Conference Center, 4000 Hwy 109, Eureka, MO 63025

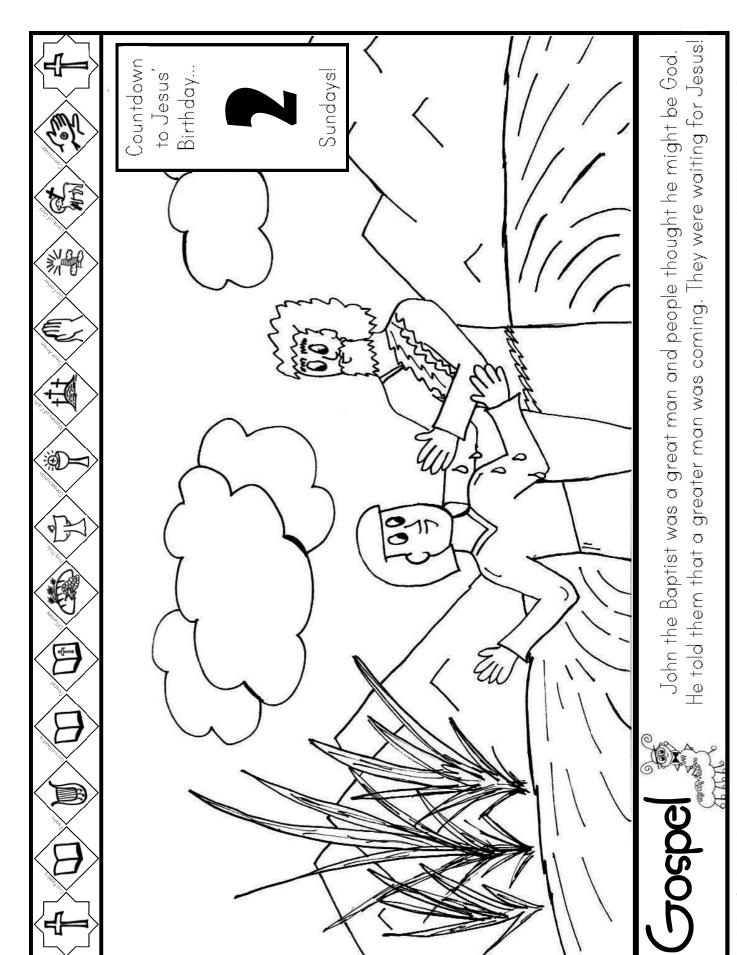
Losing a loved one to suicide or any tragic death is a pain that no one can prepare for. The roller coaster of emotions is enough to make one doubt God's presence in the situation. This day of reflection is designed to help you journey through these emotions and come out renewed with confidence in God's love and care for each one of us.

Members of our ministry team for this day will include Father Tom Miller (pastor of Our Lady Queen of Peace and St. Anthony Parishes), Deacon Rob Lawson (Incarnate Word Parish), Adam Bitter (Incarnate Word Parish), and the Jonah Prayer Teams from Incarnate Word, St. Alban Roe, and St. Anthony of Padua Parishes. There will be time for

healing prayer, discussions, sharing, techniques for healthy outlet of emotions, and testimony from those who have healed from the same pain you may be feeling.

Attendance will be limited to 100 participants total for Saturday, 9:00 a.m.-7:00 p.m. and include two meals for \$65.00. We are also offering the option for up to 45 participants to spend the night through 10:00 a.m. on Sunday which includes a private room and breakfast for \$155.00. For more information, call Barb at 314-910-3942, Mary at 314-210-5098 or Shelby at 636-288-9841. Registration: https://marianistretreat.com/events/seeds-of-healing-retreat-2024/





Year B: Third Sunday of Advent

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