CHRISTMAS 2023 **DELATE ONEARTH**

Immaculate Conception Church

411 Palmer Road, Columbia, IL 62236 618–281–5105 www.icc-columbia-il.us

Parish Office Hours

Monday-Friday, 8:00 a.m.-4:00 p.m. Phone: 618-281-5105

Parish Stakk

Pastor, Fr. Steve Thoma, C.R. ext. 358 or 805-670-3541 frsteve@iccmail.org

Associate Pastor, Fr. Eric Wagner, C.R. 773-269-0227 ericwagnercr1@gmail.com

Business Manager, Kara Dell-Hunt ext. 350, kdell-hunt@iccmail.org

Director of Music, Karen Lundy 618-719-1815 karenslundy@gmail.com

Director of Faith Formation, Lizanne Young ext. 354, lyoung@iccmail.org

IC-PSR Coordinator, Rebecca Husman ext. 353, rhusman@iccmail.org

Bookkeeper, Sheryl Oglesby ext. 351, soglesby@iccmail.org

Secretary, Michelle Muckensturm ext. 300, iccmail@iccmail.org

Spiritual and Mental Health Advocate, Shea Christensen ext. 352, schristensen@icsmail.org

ICS Principal, Dave Gregson 281-5353, ext. 202 dgregson@icsmail.org

Pastoral Council Chair, Bill Simmons wsimmons85@yahoo.com

School Board President, Kyle Doerr boardpresident@icsmail.org

Sacramental Information

Baptisms: Parents/guardians are asked to attend a Preparation Seminar scheduled on the second Sunday of the month after 9:00 a.m. Mass (approximately 10:00 a.m.) in the lower-level library. We celebrate Baptisms on the first Sunday of the month during any Mass, and the third Sunday of the month after the 11:00 a.m. Mass. (No Baptisms are scheduled during Lent.) Please call the office to schedule at 281-5105.

Weddings: The parish is happy to celebrate the Sacrament of Holy Matrimony with adults who are currently registered members of Immaculate Conception Church (bride or groom). If you are one of many who would like to "come home" to celebrate the Sacrament with family and friends, please provide the name of the parish where you are now a member, along with contact information. We ask that you contact the IC Parish Office a minimum of four months prior to Marriage, but in most cases couples will need to allow time for Pre-Cana formation, and we suggest beginning to plan your Sacrament 12 or 18 months prior to Marriage.

Anointing of the Sick & Funerals: Since individual needs differ, please contact the Parish Office at 281-5105 for pastoral care. Do not hesitate to call; we are grateful for the opportunity to open our hearts to you and your family and offer these sacramental services.

RCIA (Rite of Christian Initiation of Adults): The RCIA is for everyone who has been drawn by God to form a deeper relationship. Wherever you are in your faith practice – baptized in another Christian faith, starting from the beginning, or simply enriching your Catholic practice – consider the RCIA. Get to know God better and find out what it means to be Catholic. We meet in the Parish Office on Sundays (September-Easter), starting with "Breaking Open the Word" dismissal from 9:00 a.m. Mass, and catechetical sessions from 10:00-11:30 a.m. Contact Lizanne Young at the Parish Office at 281-5105, ext. 354, or email lyoung@iccmail.org.

Reconciliation: Reconciliation is offered from 4:00-4:30 p.m. on Saturdays and by appointment.

IMPORTANT VOLUNTEER INFO!

Anyone who wishes to volunteer at school or church when there are children present MUST be compliant with the Diocesan Child Protection Policy. Please be proactive! *EVERYONE must have an IL state background check, as well as doing the online refresher and filling out CANTS forms. *Coaches and employees will need to be fingerprinted in addition to the usual Child Protection paperwork. Contact Kara at the Parish Office if you have questions. *The initial course is now available online. Please contact Kara at the Parish Office for directions. Not sure if you are compliant? Contact Kara at the Parish Office. *The refresher course for 2023-2024 IS AVAILABLE ONLINE! Follow the link on our website! If you can't find it there, it is also on the Diocesan website at http://diobelle.org/b.aspx. Questions? Contact Kara at the Parish Office at 281-5105. *Sexual Abuse Hotline: Anyone wishing to report an allegation of sexual misconduct by a Priest or other Diocesan personnel, please call the hotline at 800-640-3044.

Purchase Scrip Gift Cards from all of your favorite stores, restaurants, etc... in the Parish Office!

This Week's Liturgical Celebrations

Masses - Saturday, 5:00 p.m. and Sunday, 7:00, 9:00, 11:00 a.m. We Remember Job George & Family Monday, January 1 8:05 a.m. We Remember Marlene Augustine Tuesday, January 2 8:05 a.m. Wednesday, January 3 We Remember Helen Marquardt 8:05 a.m. Thursday, January 4 8:05 a.m. We Remember Calvin Fries Friday, January 5 8:05 a.m. We Remember Herb & Betty Lehr Saturday, January 6 5:00 p.m. We Remember Angela Krupp Sunday, January 7 7:00 a.m. We Remember Delores Murphy 9:00 a.m. We Remember Mike Behnen We Remember Paul Porterfield 11:00 a.m.



Danielle Dorlac Donna Archambault-Kania Arlin Stechmesser Catherine Marlo Peggy Schutt Dakota Schutt Mike Conrad Janice McDermott Delores Deleveski Brian Kreher Rich Sambo Catherine Sambo Nicole Pennington Ruth Herrmann **Bill Kutz** Chris Peel

Please Pray For

Joan Thoma Grace Nolan Special Intention Liam Pugh Baby Marcella Don & Shirley Mehrmann Dolores G. Elliana Cloin Earl & Arlene Kruse Mrs. Steele Brian Hirsh The Kruse Family Betty Schmieder Lynn Naumann Casey Kate Patterson Ellen Dietz

Sharon Nealon Jamie Moravec Elsie Hofstetter Mary Lou Mees Jean Conrad Jim Grau Geri Griffin Donna Ritson **Owen Kinane** Gina Haberl Alan Schertel Ken Breitenstein Amy Adler Wanda Schewe Eris Wood Madison Bueletmann

Troops in Service ... SGM Joseph Pope, US Army; Colonel Brian Schoellhorn

Prayer List Guidelines: Please be mindful – if your loved one no longer needs to be on the Prayer List, call the Parish Office at 281-5105.

· Weekly Reflections

December 31, 2023: First Reading: Genesis 15:1-6 Second Reading: Hebrews 11:8, 11-12, 17-19 Gospel: Luke 2:22-40



Parish Office Closed Monday, January 1 Tuesday, January 2

Our Sympathies...

To Marie, John, and James and their family on the death of their mother Evelyn Hopkins, 96, of Columbia.

To Virginia Spier and her family on the death of her husband Charles Lawrence Spier, 83, of Columbia.



Stewardship... Thank you for sharing your blessings with us!

December 17, 2023		
Actual	\$	74,617.96
Budget	\$	70,400.00
Actual YTD	\$	1,017,503.03
Budget YTD	\$	1,029,500.00
Over (under)	\$	(11,996.97)
Prior YTD	\$	898,364.55
Over (under)	\$	119,138.48
* includes online giving totals		
		through 12/16
CEAC	\$	11,694.50
Capital Improvements	\$	3,025.00
Gibault	\$	240.00
SVDP	\$	385.00
Guatemala	\$	1,273.00
Votive	\$	186.65
Christmas Flowers	\$	1,154.00
Cemetery Maintenance	\$	335.00
Sr. Thea Bowman	\$	200.00
Retirement Fund		
for Religious	\$	1,066.00
Diocese of Belleville – Christmas –		
For those in need		525.00
Christmas Offering	\$	2,110.00
Human Development	\$	95.00



From Our Young Stewards Treasure: \$6.00 Time and Talent: I played chess with Daniel.

WHY DONATE APPRECIATED STOCK TO CHARITY?

Giving stock instead of cash as a charitable donation can greatly benefit the donor as well as the recipient. You will find that many charities, churches, schools, and other nonprofit organizations will accept stock as a gift.

Tax Benefits of Donating Stock to Charity

If the stock has increased in value from the time of purchase, the owner can avoid paying capital gains tax by donating the security to a qualified charitable organization. When an appreciated security held for at least a year is donated to a charitable organization, its fair market value may be itemized as an income tax deduction. The resulting tax savings could be factored in to make a larger donation. For publicly traded shares, the fair market value is the average of the high and low price on the transfer date. Considerations:

- Many nonprofits, such as hospitals, schools, and various other organizations, will accept stock as a gift or donation.
- Giving stock often results in a larger donation to the organization, as the gift is tax-deductible and there are no capital gains taxes to pay.
- If your stock has risen in value since purchase, donating it directly is preferable, but if it has lost value, it may be more advantageous to sell it first and then donate the proceeds, so the giver can take the tax loss.
- Most organizations will immediately liquidate the donation, converting the stock to cash.
- Depending on the organization you donate to and your adjusted gross income, a varying amount of your donation may be able to be deducted on your taxes.

Consult your tax or financial advisor for more information. – Immaculate Conception Planned Giving Council

PHASE 3 IS COMING!

Phase 2 of our most recent Capital Campaign for the Catholic Education and Activity Center officially comes to an end on December 31, 2023. For those of you who were able to complete your pledges, we are grateful. Our debt is so much smaller because of your generosity! If you are still working toward completing your pledge – or would like to donate more – please continue to use the purple envelopes provided in your current packets, or bring your offerings to the parish office before December 31. Your next packet of stewardship envelopes, arriving in December, includes a new white envelope with a blue border, titled, "Building the Church, Continuing the Dream, Campus Enhancement." This envelope is for Phase 3 of our Capital Campaign, (the soccer field, Rosary and Stations of the Cross walk, the pavilion, and a new lighted sign) which will be kicked off officially in January 2024. More about this in the new year, but you are most welcome to begin your donations now using the new white with blue border envelopes!

Thank you so much for your generosity...past, present, and future!

Thank you to these generous donors

Eugene J. Schorb – Immaculate Conception Fund for Catholic Education Memorials: Margaret Ann Conrad \$2,265.00 IHO Pat Novak 90th B-Day \$25.00 Charles Drinen \$50.00 Cletus Whelan \$1,160.00 Mary Ann Roediger \$250.00 Leo, Elsie, Robert & Marylin Koberlein \$1,000.00 Gloria Thoma \$360.00 CEAC Memorials: Gary Limestall \$1,000.00 Margaret Ann Conrad \$3,275.00 Joanne Hoffman \$50.00 Geneva Lambert \$150.00 Stephen Dressler \$1,695.00 Keith Renner \$3,995.00 Joseph D. Iorio \$1,000.00 Sarah Matlock \$25.00 IHO Fr. Carl Jubilee \$655.00 George & Mary Perry \$50.00

Charles "Chuck" Huelsmann \$10.00 Cletus Whelan \$615.00 Leo, Elsie, Robert & Marylin Koberlein \$1,000.00

Parish Events & News ...

FAREWELL CHRISTMAS!

Sunday, January 7 after 11:00 a.m. Mass All hands needed to pack up our Christmas decorations and treasures and get back to Ordinary Time. The more the help, the faster we'll get done. THANK YOU!

ICY

Attention all current 8th-12th graders!!

Wouldn't it be fun to spend the weekend with your friends at a fun, faith-filled weekend? Our parish is gathering a group of teens to go to the Steubenville Conference on July 12-14th, 2024 at Missouri State University in Springfield, MO.

More information to come; registration will be due February 1, 2024.

FAITH AND FICTION: WOMEN'S BOOK CLUB

We will meet on Sunday evening in the Library from 6:30-7:30 p.m. to apply the lens of Catholicism to classic and contemporary works of fiction. (Sunday evening meetings let you catch up on your chapter Sunday afternoon!) Our first meeting, featuring an overview and to make our first fiction selection, will be Sunday, January 7! If you have questions, contact Lizanne at <u>lyoung@iccmail.org</u>.

D.C. PRETZEL AND DONUT SALES

The next Pretzel and Donut weekend will be January 20 and 21. All proceeds go to the 8th graders' trip to Washington, D.C.

MONSTRANCE UPDATE... THE BAD, GOOD, BAD AND GOOD!

On October 11, 2023, Bishop McGovern was here at IC to lead us in a night of prayer and Eucharistic Adoration. As I was setting things up, the glass from our monstrance slipped, fell to the ground, and shattered! **Bad news indeed**!

I told this story at the following weekend Masses, and that it would cost about \$2,000.00 to replace. By Tuesday, IC parishioners stepped up and donated more than enough money to order a new one. Even though each and every one of them wished to remain anonymous, I can't thank them enough for their generosity. **Good news indeed!**

I found a beautiful replacement from a reputable company out of Italy, so I ordered it, and waited patiently for it to arrive. It arrived a few weeks ago, but not in working order! We are in the process of returning it for replacement. **Bad news indeed!** For those who partake in our Tuesday night Eucharistic Adoration, all I can say is, "patience!" How appropriate a lesson in this recent Advent Season.

In the meantime, we were given a chapel-sized monstrance from St. Joseph Church, a closed Catholic Church in Willisville, IL. It is small, but beautiful, and will act as our monstrance until our ordered monstrance arrives from Italy. Even as one parish closed, another was able to benefit. For Christians, "death into new life" takes many shapes and sizes! Good news indeed! Fr. Steve

SCRIPTURE DISCUSSIONS FOR MEN AND WOMEN

How's this for a New Year's Resolution: Come to Mass on Sunday ready to engage in the Gospel, Old and New Testament Readings and even the homily by spending an hour praying with them in advance, with friends!

- Women's Bible Study meets every week in the Library on Tuesday evenings from 6:30-7:30 p.m.
- The Pathfinders Men's Group meets every week in the Knights of Columbus Room on Saturday mornings from 7:30-8:30 a.m.

Just show up, you're more than welcome!

Ministry News & Happenings

ICY ODD SUNDAYS Every Sunday with an odd date is an Odd Sunday ICY Meeting. Check out the QR code for more details.





Pope Francis Says...

Human beings, while capable of the worst, are also capable of rising above themselves, choosing again what is good, and making a new start . . . We are able to take an honest look at ourselves, to acknowledge our deep dissatisfaction, and to embark on new paths to authentic freedom. (Laudato Si 205)

What can I do? Make a New Year's Resolution that benefits the planet and all its creatures – to plant seeds, adopt a plant, reduce the use of plastics, to not waste food, refuse plastic bags, to buy less processed food, reduce car trips, shop locally, turn off lights when not in use.

Discipleship

The gifts will soon be gone from beneath the tree. But many opportunities will remain to bless people with holiday memories that warm hearts and may last longer than any gift. "The most beautiful things are not associated with money; they are memories and moments. If you don't celebrate those, they can pass you by." (Alek Wek). Remember that Christmas Day is an important moment, but our Catholic Christmas season continues until our Mass celebrating the Epiphany of the Lord. Persist in commemoration of God becoming incarnate by continuing to spread good cheer.

IC-CCW NEWS

- * *Our Next Meeting* is Thursday, January 4th at **6:30 p.m.** on the Garden Level at Church.
- * Thanks to all of you early birds who have paid your 2024 dues! Our annual dues are due the month of January.
- * Dear Women of the Parish: We are so grateful for your support. This year we have been able to provide supplies for our Holy Masses, support our college students by staying in communication, donate to Gabriel's retreat for Expectant Mothers, remember our grieving families, remember our retired priests, support The Newman Center, provide *The Messenger* to nursing homes, and donate \$3,000.00 this year to the Church. Thank you!

~The officers of your ICCCW: Glenda Sexauer, Lori Doerr, Brenda Zipfel, and MaryAnne Moses Farley.

THE 2023 CATHOLIC SERVICE AND MINISTRY APPEAL

The one who does justice will live in the presence of the Lord. - Psalm 15

The true joy of Christmas is in the everlasting love of Christ. May you find His peace, love and joy now and in the coming New Year. With deepest gratitude for your prayers and generosity,

> Bishop Michael McGovern and Ministries and Programs Funded by The Catholic Service and Ministry Appeal



EUCHARISTIC ADORATION

Please join us for Eucharistic Adoration on Tuesdays from 4:00 p.m. until 8:00 p.m. Spend some quiet time with the Lord.

BULLETIN DEADLINE

All submissions for the bulletin will need to be in to the Parish Office two Thursdays before you need it in the bulletin. Submissions will need to be sent to iccmail@iccmail.org. If you have any questions, please call the Parish Office at 618-281-5105.



Start the New Year with the Women's ACTS Retreat

January 25 -28th

To Register go online to https://icc-columbia-il.us/actsretreats/womans-acts-retreat/



SANCTITY OF LIFE

The Sanctity of Life Committee will be collecting new gifts for the babies and mothers served by Life Network. Please take a paper ornament from the Giving Tree with a reminder of what is needed. Please leave your unwrapped gift near the Christmas tree in the Gathering Space. Here is a list of needed items: Amazon Gift Cards Aveeno Baby Lotion Baby Juice (any flavor) Baby Wipes (fragrance free) Booster High Chair Seat Boudreaux's Butt Paste Diapers (Pampers/Huggies preferred, sizes 4,5,6) Disposable Nursing Pads Gerber Lil Crunchers Good Nights (unisex, medium or large) Motrin (Children's or Infant's Liquid) Onesies (long-sleeved) Potty Chairs Pull-Ups (girls, all sizes) Sippy Cups, Socks (for kids, any size) **Toddler** Meals **Toddler Snacks** Walmart Gift Cards Monetary donations may be mailed to Life Network of Southern Illinois, 722 N. Market, Waterloo, IL 62298. Collection ends on January 5, 2024.

QUILTERS' CORNER...

Join our super fun quilters' group on Tuesdays and Thursdays from 9:00-11:30 a.m. All skill levels welcome and appreciated, even beginners! Contact Carlene at 281-5877.

PRAYER SHAWLS AVAILABLE!

Do you know someone who needs prayers? Why not bring them some comfort with a handmade Prayer Shawl from our Prayer Shawl Ministry? Each Shawl will wrap your loved one in the prayers of our parish!

Even during this vastly different time with COVID, we can get your loved one a Prayer Shawl. We deliver in sanitized bags and will leave on a porch or you can still pick up at the office during office hours. Call Helen Csik at 314-651-5033 or the Parish Office at 618-281-5105.

PRO-LIFE/PREGNANCY RESOURCES...

- Free and confidential pregnancy testing, counseling, and practical support: Life Network of Southern Illinois (in Waterloo and Red Bud) – 618-939-4224/mylifenet.org.
- Birthright Counseling STL (3 locations in St. Louis) birthrightstl.org.
- Free and confidential counseling for anyone hurt by abortion; contact Project Rachel at 618-722-5068 or hopeafterabortion.com.
- A caring place for women who are pregnant and experiencing homelessness; contact Fontebella Maternity Home at 618-406-4355.

If you, or someone you know, have an unborn baby diagnosed with "fetal abnormalities" or an "adverse prenatal diagnosis," please refer to: BeNotAfraid.net or PrenatalPartnersforLife.org. Both offer free parentcentered case management and parental support for parents carrying to term following a prenatal diagnosis. Birthrightstl.org offers their Melissa's Smile program, a counseling and supportive resource for mothers and fathers whose baby has been diagnosed prenatally with a genetic abnormality or whose baby has been born with a disability or serious medical condition.





Immaculate Conception School

409 Palmer Road ~ 281-5353 School Principal: Dave Gregson, Ext. 202 ~ dgregson@icsmail.org School Secretary: Beverly Epplin, Ext. 200 ~ bepplin@icsmail.org

MISSION • COMMUNITY • SERVICE

UPCOMING PARENTS AND FRIENDS MEETINGS

January 8, 2024, 7:00 p.m. – Garden Level February 12, 2024, 7:00 p.m. – Garden Level March 11, 2024, 7:00 p.m. – Garden Level



Don't forget to come out on Tuesday nights for our Queen of Hearts drawing. Queen of Hearts drawing is at 7:00 p.m. and 50/50 is drawn at 7:15 p.m. Check back for monthly reports on how much we have been able to raise.

VOLUNTEERS ARE ALWAYS WELCOME! Visit the Parish website: ICC-columbia-IL.us for a link to our Queen of Hearts sign-up.

What's Happening At Gibault?

RAFFLE-MANIA

Raffle-Mania is back with bigger prizes! This year's grand prize has **DOUBLED** to **\$5,000.00!** Visit https://givebutter.com/Raffle-Mania to purchase your tickets!

GRAND PRIZES of \$5,000.00, \$1,000.00, \$500.00, and \$250.00, and 6 at \$100.00

Prizes will be drawn on February 1st during Catholic Schools Week.

Tickets are being sold exclusively online. If anyone has difficulty with their online purchase, contact Desiree Frasure at Gibault Catholic High School (dfrasure@ gibaulthawks.com or 618-939-3883).

VISIT GIBAULT

Come see what life as a Gibault Hawk is like! On select Tuesdays and Fridays, your 7th or 8th grader or current high school student can spend the day at Gibault as a Shadow Visitor. Shadows will be matched with a current student with similar interests and together, they'll attend classes, meet teachers, enjoy lunch in our cafeteria, and more! We also offer Private Tours for the whole family. See our campus and get your questions answered by our Director of Enrollment. Get started at https://bit.ly/ GCHSInquire.



FAMILY SPORTS PASS

Show you're #gibaultproud all year long! For \$125.00, Hawk Fans can purchase a Family Pass that covers admission to most of our home games (some exclusions apply.) This pass is valid for girls' and boys' volleyball, girls' and boys' basketball, girls' soccer, softball, baseball, and select boys' soccer home games throughout the 2023-2024 school year! Visit GCHSSportsPass.givesmart.com to purchase your pass!

ENROLLMENT NEWS

There's still time to become a Gibault Hawk! We are accepting students for the Class of 2027 as well as transfer students for the remainder of the 2023-2024 school year. Get started at: https://bit.ly/GCHSApply. Interested in learning more about Gibault Catholic? Contact Kelly Day at kday@gibaulthawks.com for information on all things Gibault or to schedule a private tour of our campus.

Piocesan and Area Interests...

ST. VINCENT DE PAUL SOCIETY ANNUAL REPORT 2023

The mission of the Society of St. Vincent de Paul is to fulfill two great commandments: Love of God and love of neighbor. We seek to grow spiritually in our efforts to help those in need and to share our faith with those we serve. During the fiscal year 10/1/22-9/30/23 a total of \$57,996 was donated to our St. Vincent de Paul Society through the donation boxes at the Church entrances, the Thanksgiving Day and Holy Thursday collections, memorials, and special individual and community organization donations. Another \$3,667 was collected from our various fundraisers.

Adverse economic conditions greatly affected parishioners of Immaculate Conception and Sacred Heart as well as non-parishioners from our neighbors in Columbia, Dupo and East Carondelet. Your donations provided immediate assistance to those individuals and families when they needed it the most.

During the fiscal year, we assisted individuals and families, totaling 143 people, by distributing \$20,427 for housing, utilities, food, medical expenses, children's Christmas gifts, and special needs. We were able to provide monthly food support to Cosgrove's Kitchen in East St. Louis for Saturday lunches totaling \$3,823, to our upper council in East St. Louis for essential items at the overnight center totaling \$29,514 and to the SVdP national disaster relief of \$10,000. We also led a monthly Bingo activity at the local nursing home and prayed the Rosary with them on Mondays, plus made three trips each week for food delivery from Schnucks to Cosgrove's Kitchen.

The members of the St. Vincent de Paul Society of Immaculate Conception and Sacred Heart parishes are grateful for your generous donations of money, food and clothing for our Drives, your preparation of casseroles and your prayers which enable us to continue to do God's work within our community.

Note: If any parishioner is aware of a person(s) in Columbia, Dupo and East Carondelet in need of temporary assistance due to unforeseen circumstances, whether it is food, clothing, utilities or housing, please do not hesitate to call the Parish Office at (618) 281-5105 and follow prompts to the St. Vincent de Paul line. Calls will be answered as soon as possible. All cases are strictly confidential.

Thanks again and God Bless You.

JUST FAITH:

Just Faith Sacred Land Meeting is set for January 10 at 6:30 p.m. in the Fr. Steve Gira Library. All are welcome.

QUILT OF THE MONTH

Our Lady of Good Counsel, Renault, is sponsoring a Quilt-ofthe-Month Raffle. From January through December 2024, a beautiful queen-sized handmade quilt will be given away each month.

Tickets are \$25.00 each, and they give you 12 chances to win. Please pick up a ticket here at the ICC Parish Office. Our hours are Monday-Friday, 8:00 a.m.-4:00 p.m.

SEEDS OF HEALING Through Faith, Hope, and Love

Saturday, January 20, 2024, 9:00 a.m.-7:00 p.m.

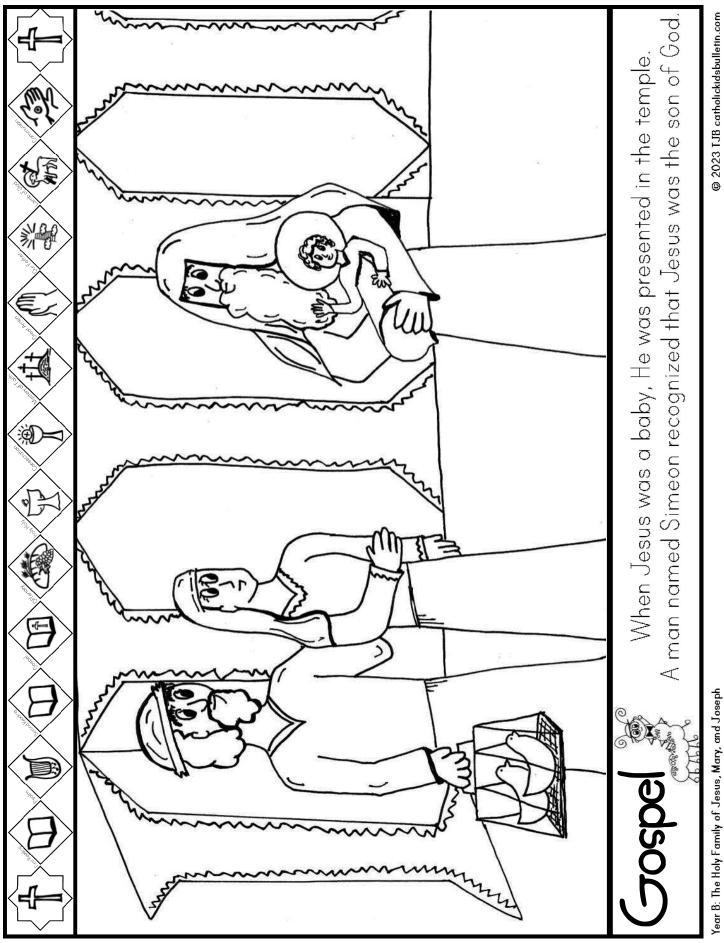
Marianist Retreat and Conference Center, 4000 Hwy 109, Eureka, MO 63025 Losing a loved one to suicide or any tragic death is a pain that no one can prepare for. The roller coaster of emotions is enough to make one doubt God's presence in the situation. This day of reflection is designed to help you journey through these emotions and come out renewed with confidence in God's love and care for each one of us.

Members of our ministry team for this day will include Father Tom Miller (pastor of Our Lady Queen of Peace and St. Anthony Parishes), Deacon Rob Lawson (Incarnate Word Parish), Adam Bitter (Incarnate Word Parish), and the Jonah Prayer Teams from Incarnate Word, St. Alban Roe, and St. Anthony of Padua Parishes. There will be time for healing prayer, discussions, sharing, techniques for healthy outlet of emotions, and testimony from those who have healed from the same pain you may be feeling.

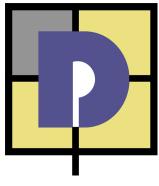
Attendance will be limited to 100 participants total for Saturday, 9:00 a.m.-7:00 p.m. and include two meals for \$65.00. We are also offering the option for up

to 45 participants to spend the night through 10:00 a.m. on Sunday which includes a private room and breakfast for \$155.00. For more information, call Barb at 314-910-3942, Mary at 314-210-5098 or Shelby at 636-288-9841. Registration: https:// marianistretreat.com/events/seeds-of-healing-retreat-2024/









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