

# Weekly NEWS

**February 7th, 2024**

## Important Dates

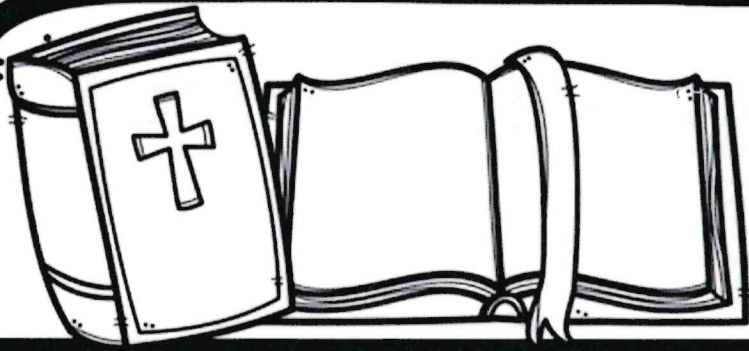
- Feb 11 1<sup>st</sup> Eucharist Parent Meeting 2pm
- Feb 11 7<sup>th</sup> Grade Confirmation Meeting 3:30pm
- Feb 14<sup>th</sup> Ash Wednesday Mass 7pm

## Reminders

- Just a reminder as we move into winter, if school is cancelled so is PSR.

## What Are We Learning?

- 1<sup>st</sup> We participated in the Sacred & Safe program. We followed with a discussion about John the Baptist, his recruitment of Simon, (Peter) and his brother Andrew to become disciples and the first Apostles.
- 2<sup>nd</sup> Our focus was on prayer: being with God in mind and heart. The 5 basic forms of prayer are petition, intercession, thanksgiving, praise, and blessing. The Lord's Prayer (the Our Father) incorporates all forms and was taught to the disciples by Jesus himself. Sacramentals, such as, crosses, medals, rosaries, pictures, etc, remind us of God and remind us to pray. Pray in your own words or memorized prayers.
- 3<sup>rd</sup> Jesus performed so many miracles but one of the most profound was when Jesus was able to feed 5000 people with a two fish and five loaves of bread. We spent time learning about Church leaders starting with Jesus and then Peter and our past popes. Bishops mean "overseer" and Pastor means "Shepherd". We are disciples of Christ.



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## Faith Reflection

February 4, 2024

Fifth Sunday in Ordinary Time

Job 7:1-4, 6-7

1 Corinthians 9:16-19, 22-23

Mark 1:29-39

Sunday's Gospel speaks of many illnesses, both physical and mental. In the life of all Christians, illness and pain should not be regarded as punishment from God. These conditions afflict all humans at some point in our earthly lives, and while they can be difficult to bear, they give us opportunities to witness the healing power of God. They also give us the chance to selflessly embrace the role of caregiver, to be the helping and healing hands of Christ to others. The compassion of our God to all who suffer becomes a source of consolation and inspiration.

## Good News!



## What Are We Learning?

- 8<sup>th</sup> We are connecting the Sacrament of Confirmation with the Sacrament of the Eucharist. We are fed at Communion by the Body and Blood of Jesus, and this spiritual food prepares us to receive the blessing of the Holy Spirit, in Confirmation and in our daily lives.